

# Camp Green Zone

## A Letter From Our Summer Camp Director



### Nature Explorations At It's Best

We miss the morning gaggle, creek walks, songs, Be-A-Tree game, and especially the sound of enthusiastic summer campers. Luckily, **Camp Green Zone** is back for its third summer at DSRC, and we are here to help our child connect with nature this summer, and have FUN at the club!

During our daily 40-minute nature time, campers will focus on a **specific theme** reinforced with activities, stories and songs all in an effort to learn about conservation and environmental stewardship. Weekly themes are:

**Session 1: Our Woods** Children have always been curious about the natural world. Our campers will conduct a sensory exploration, look under logs, listen for birds and explore the local biodiversity.

**Session 2: It's All a Cycle** We all go through changes in life and so do plants and animals. Campers will learn about lifecycles including stages of: metamorphism, larva, pupa and chrysalis. A great introductory to the natural world, we



**Reminder!**  
Peanut Free Camp

10% Sibling  
Discount

### Swimming



Swim Evaluations  
for Jr. Camp

### Tennis



Group Tennis  
Lessons

Stream Studies

emphasize compassion and gratitude for Mother Earth.

**Session 3: Where Animals Dwell** We will classify animals into groups, learn about their needs, adaptations and survival instincts. Utilizing our own backyard Hookers Branch Seneca Stream, campers will splish-splash all with a focus on safety. Campers learn about the plants and critters that live in the waterway which they call home.

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**Session 5: Natures Artist with a Twist** Explore the beauty of our backyard with the various colors, sizes, shapes, and texture of the natural world. Campers will create their own earth art using items found on hikes. Or try a Eco-Design where we take reduce, reuse, recycle to a new level.

**Session 6: Oxygen Providers** Our planet is losing over 15 billion trees a year (equivalent to 48 football fields every minute). Campers will learn how these massive giants are the foundation for a cleaner, healthier and sustainable planet for all.

**Session 7: Stream Study** Repeat of our most popular theme! Utilizing our own backyard Hookers Branch Seneca Stream, campers will splish-splash all with a focus on safety. Campers learn about the plants and critters that live in the waterway which they call home.

**Session 8: What's in Your Bag?** Campers will discuss trash and strategies for reducing what flows into the Potomac watershed. Where does the trash go when it leaves DSRC? Where does run off from the street and households go? What changes can we make in our actions to reduce our personal trash?

**Session 9: Creating a Green Home** School starts and what better way to keep our desk and room clean using eco-friendly cleaners. We will talk about saving home energy and improving your recycling rate.

**Session 9: Skull and Skat Detectives** Look at models and identify physical and behavioral adaptations of animals.



## CAMPERS ARE TALKING

**“Eileen had a fantastic time at camp this week. One of her favorite activities was “creeking.” She really enjoyed exploring the creek and learning about its inhabitants! Thank you for all your hard work with the kids.” —The Lane Family**



## NEW - CIT Program

Announcing our new pilot: **Counselor in Training Program (CIT)** for rising 6th, 7th, and 8th graders this summer! CIT's attend **two week block sessions** and are embedded into a group helping with campers, while under staff supervision. Apply by filling out a camp registration form.

CIT program would be two week block sessions. The cost would be \$284/session plus \$20.00 for CIT t-shirt.

### FOUR SESSIONS

Session A: 6/19-30 FULL

Session B: 7/3-14

Session C: 7/17-28

Session D: 8/14-25

CIT program is for **rising 6th, 7th, and 8th graders only**. Each two week session will be a combination of skill development, helping with campers, tennis, swimming, nature and FUN!

To be eligible for SSL hours please submit a signed **SSL Pre-approval Form 560-50** from your school administrator before your child's session begins.

### COST

\$285 per Session  
PLUS  
\$20 for CIT T-Shirt

**“Camp Philosophy -  
Be Safe.  
Be Kind.  
Have Fun!”**



### DEVELOP & LEARN

- Skills Development
- Leadership in Games/Skits/Role Play
- Environmental
  - Stewardship Project
- Wilderness Skills
  - First Aide Basics
- Swimming Rescue Basics

Contact Us at  
[camp@dsrclub.com](mailto:camp@dsrclub.com)

