



DARNESTOWN
SWIM & RACQUET CLUB

**Camp Green Zone
Sample Weekly Schedule**

	Monday	Tues	Wed	Thurs	Fri
Morning	Welcome, Intro games, review schedule	Painting	Field Games/ Sports	Arts & Crafts: Color Sand Jars	Water Games
	Field Games	Water Games	Arts & Crafts	Nature Hike	Drama
	Swim				
Noon	Lunch				
Afternoon	Tennis				
	Swim				
	Snack	Snack	No-bake cooking	Snack	Snack
	Yoga	Nature Hike	Sports	Yoga	Sports
	Lanyard	Friendship Bracelets	Candy Necklaces	Facepaint/ Henna	Friday Dance Party/Water Balloon Activities